PDA Society website scavenger hunt

This PDA Day we're focusing on supporting the PDA and wider community. To help people find useful resources, we've put together this website 'scavenger hunt'. All the 'clues' lead (and link) to a different category in the Resources section of our website. What will you discover?

Clue #1

The library of **PDA books** is ever growing. All are listed in the **Resources** directory on our website alongside other helpful books about **autism**, **support strategies** and more.

For firsthand insight of PDA, check out the **PDA experiences & stories** tab in **Books** …

www.pdasociety.org.uk

Clue #2

There's an increasing number of **individual stories** on our website, intended to highlight a range of experiences and illustrate what has been particularly **helpful** or **unhelpful** for individuals and families.

All **Case Studies** can be **viewed online** or **downloaded** as PDFs.

www.pdasociety.org.uk

Clue #3

Templates and **PDA-related suggestions** for a range of situations and settings can be found in **Editable Tools** on our website.

From **healthcare passports** and personalised profile pages to **workplace** and **school adjustments.**

www.pdasociety.org.uk

Clue #4

Lots of examples of **Good Practice & Insight** from a **variety of sources** are listed in the **Resources** directory on our website.

It's also possible to click or tap on **tags** to filter these resources further e.g. by **Strategies**, **Adults**, **Parents/Carers** or **Professionals** etc. …

www.pdasociety.org.uk

Clue #5

There's a growing number of **worldwide** PDA groups, and organisations **offering support** in different countries, and resources being **translated** into **other languages**.

Those we are aware of are listed on our website in the **International** category.

www.pdasociety.org.uk

Clue #6

A range of **Facebook groups** are listed on our website offering **support** to different **audiences** about different **topics** in relation to **PDA**. From groups dedicated to **adults**, **teens**, **parenting** and more to support groups in **other countries** & **languages**.

The PDA Society **website discussion forum** also offers peer to peer support as an **alternative** to Facebook.

www.pdasociety.org.uk

Clue #7

60+ Local (UK) **PDA support groups** are listed on our website in **Local groups**. Many have **online** meeting spaces to **connect with others** in the **same area** or region.

All are **searchable** using the **search bar** at the top of the page or the **region tabs** underneath.

www.pdasociety.org.uk

Clue #8

Many sources of **Support & Advice** are **signposted** in the resource directory on our website. From **advice** about **health**, **social care** and **benefits** to **support for siblings** and **independent diagnostic centres**.

And of course, the **PDA Society's enquiry line** and other **support services** can be found here too.

www.pdasociety.org.uk

Clue #9

More and more people are now filming **vlogs** and writing **blogs** about **PDA**, providing valuable **insight**, **knowledge** & **experiences**.

For listings of **blogs** by **children**, **adults**, **parents** and **professionals** check out **Vlogs & Blogs** …

www.pdasociety.org.uk

Clue #10

A range of **videos** and **podcasts** about **PDA** are **free** to watch/listen to in **Webinars & Videos**. Including a series of **PDA Society training webinars** with leading professionals which **explore** various aspects of the **PDA profile** and related issues.

From **understanding PDA** and **helpful approaches** to **sensory processing difficulties** and **family resilience** and more …

www.pdasociety.org.uk

Clue #11

COVID 19

We've collated & created specific resources to **support** the **PDA community** during the **Coronavirus pandemic**. Including **accessible information** about Coronavirus, **PDA-related** suggestions for **healthcare passports**, **coping tips** from **PDA adults**, PDA Society **Q&As** and **free resources**, ideas and tools from a **range of sources**.

Everything can be accessed from our **Coronavirus support** listing in **Support & Advice** …

www.pdasociety.org.uk